Simning VT 2025							
	Måndag	**Tisdag**	**Onsdag**	**Torsdag**	**Fredag**	**Lördag**	**Söndag**
A/S	X	18:00-19:45 (3b)	18:45-20:30 (4b)	18:00-19:45 (3-4b)	17:00-18:30 (3b)	X	18:30-20:15 (2-4b)
B	X	17:00-18:30 (2b)	17:00-18:30 (2b)	18:00-19:30 (3-4b)	16:30-18:00 (2b)	X	17:00-18:15 (2B)
C	X	17:00-18:30 (2b)	17:45-18:45 (2b)	17:00-18:00 (2b)	X	X	17:00-18:00 (2B)
D	X	X	16:45-17:45 (2b)	17:00-18:00 (1b)	X	X	16:15-17:00 (2B)
Teknik V	X	X	17:30-18:15 (2b)	X	X	X	17:00-17:45 (2B)
Teknik B	X	X	16:45-17:30 (2b)	X	X	X	16:15-17:00 (2B)
Masters	X	19:30-20:30 (3-6b)	19:00-20:00 (2b)	X	X	X	18:00-19:00 (4b)
Landträning VT 2025							
	Måndag	**Tisdag**	**Onsdag**	**Torsdag**	**Fredag**	**Lördag**	**Söndag**
A/S	X	U - 17:30-17:50	U - 18:20-18:35	U - 17:30-17:50	S - 18:35-18:50		U- 18:00-18:20
B	X	U - 16:40-16:55	U - 16:40-16:55	U - 17:30-17:50			L - 16:00-16:50
C	X	U - 16:40-16:55		U - 16:40-16:55			L - 16:00-16:50
D	X		U - 16:30-16:40	U - 16:40-16:55			